



Post Procedure Advice & Instruction

EYEBROWS

Healing period

The healing process normally takes around 4 weeks. 2 - 5 days after the procedure the treatment area may exhibit the following symptoms: flaking, redness, tenderness, dryness, swelling, deeper colour.

Machine-method Aftercare

Day 1-7: Do not let any water or products (such as soap, lotions, or makeup) touch your eyebrow area. Wash your face carefully around the area.

Microblading Aftercare

Day 1: Following the procedure, that evening, gently clean the treated area with a clean cotton pad and sterile water to ensure any blood / lymph is cleaned away (pat gently – DO NOT WIPE). Apply aftercare cream (sparsely).

Day 2-7: Apply aftercare cream (sparsely) morning and night with a clean cotton bud.

Please include the following in your daily routine for a minimum of 7 days following treatment:

Thoroughly wash your hands before and after application of the aftercare cream and always use a clean cotton bud each time to avoid infections.

You MUST keep the treatment area DRY for 7 days. NO saunas, steam rooms, swimming, or steamy showers.

Do not expose the treatment area to extreme heat or cold until the healing process is complete. Avoid sunbathing, tanning beds, saunas.

Avoid using any conventional makeup for at least 3 days following treatment.

Use a gentle face cleanser/wipe without alcohol content and avoid the treatment area.

If the treatment area gets wet, pat dry very gently with a clean towel or tissue. Do NOT rub the area.

Do NOT pick, scratch, or rub the treatment area. Tampering could result in infections, delay the healing process, or may even cause scarring.

Important information

The pigment colour will appear 20% darker immediately after the treatment.

The colour will fade after 4-7 days and reappear throughout the 4-week healing process.

The final 'healed' colour will not be visible for up to 4 weeks following your initial treatment.

I have a legal obligation not to undertake any retouch treatment within 4 weeks of the procedure.

In order to keep your results looking fabulous, it is necessary to have a maintenance colour boost every 9-18 months.

Always use a sunscreen or moisturiser with a SPF of 30 or over. Avoid sunbeds.

For any planned MRI scans, chemical peels, or any other medical or cosmetic procedures, please inform your practitioner that you have undergone semi-permanent makeup treatment.

If you want to give blood following your treatment, please inform the National Blood Service, as you will not be eligible to donate blood for a year after your treatment.



Day 1:
I have new brows!! I think I like them, but they're a little dark!?



Day 2-4:
EEEEK, my eyebrows are too dark and too thick!



Day 5-10:
Oh no! My brows are scabbing and flaking off!



Day 8-10:
Where are my brows? They are light & uneven.



After a few weeks: *My brows are much better! Just a little patchy.*



After follow-up appointment: *My eyebrows are beautiful! I love them!*

LIPS

Healing period

Immediately following the procedure, lips will feel dry, chapped, tight and tender to the touch.

They may appear swollen and bright in colour.

For 4 hours after treatment, apply light pressure on lips with a clean paper towel, to remove any lymph.

After 4 hours, start applying ointment as needed to keep lips constantly moist.

No kissing, rubbing or friction on treatment area.

Apply ointment on lips several times a day. Keep lips moist at all times. Avoid oily, spicy and heavily seasoned food and drink with a straw. After every meal gently rinse and clean lips with water and pat dry, then re-apply ointment.

DAY 2 - 3

Between these days, lips will begin and end the process of peeling, and colour will lighten by 30%-50%.

DAY 4 - 7

Do not pick or rub your lips and let the peeling happen naturally. Continue keeping your lips moist.

WEEK 2

Lips are done peeling, colour has lightened. You may return to normal routines. Lips will continue to heal, up to 6 weeks. Every week more colour will surface, it is important to continue keeping lips moist to get the best colour at the end of the healing phase.

WEEK 6 - 8

Your lips are healed and you are ready for your touch up appointment.

During the retouch session you will require more shading to fill in more of the area or a region may not have taken properly. The colour of the lips may need to be adjusted, or you may want them lightened or darkened. These are just small touch-ups. Shape and colour will be modified to your preference at that time.

If you have a history of cold sores (herpes simplex) you are advised to contact your doctor GP to obtain the proper prescription medication to prevent outbreaks.

Alternatively, you can obtain herpes medication (for example Zovirax) from your local chemist and use one week before and one week after your procedure.

Permanent cosmetic procedures do not cause cold sores, however if you carry the virus, it lays dormant in the body and can be stimulated by the procedure.



EYELINER

Healing period

The permanent eyeliner healing process is known to be the easiest of all permanent makeup healing.

You should keep your permanent eyeliner dry at all times. After your permanent eyeliner appointment you won't touch your eyeliner at all. You'll let your eyeliner heal on its own. You will have scabbing during healing process but is absolutely normal

What to Expect After Permanent Eyeliner: Healing Schedule Day by Day

Day 1: You'll love your new eyeliner!

Your eyeliner colour is approximately 30% darker than it will be when it's healed. It will also appear slightly larger than it will heal in just a few days. This is due to colour oxidation as well as a small amount of swelling and it is a normal part of your healing process. You will have no trouble driving home and going about the rest of your day normally.

It's unlikely that anyone will notice you've had your eyeliner permanently done except for possibly those you know very well.

Days 2-3: Your colour will darken temporarily as the pigment oxidizes and thin scabs will form.

You may wake up slightly puffy but you can remedy this by sleeping on an incline or applying a cool compress. Your eyeliner will feel tight and dry, but not painful.

Days 3-5: Your eyeliner will begin flaking until there is no scabbing left.

You want to allow healing to shed naturally. Once all scabbing has finished flaking, it is common for the colour to appear lighter than it will eventually heal. This lighter colour is only temporary as your freshly healed skin is hiding the true colour underneath. Over the next several weeks your eyeliner colour will bloom.

Day 42: At 6 weeks your eyeliner is fully healed.

It's now okay for you to come back in for your follow up. Any adjustments such as darkening the colour or altering the shape can be done at this appointment.